

## Waterbirth: Your Clients' Choice



Many women are choosing a more natural way of giving birth. Water assisted labor, including waterbirth, is a miraculous pain relieving option.

Be prepared when women in your community request this safe alternative. Be able to speak knowledgeably about water immersion in labor. Know the science behind this amazing option. Find out where to get supplies, protocols and more.

What people are saying about this workshop:

*"Barbara ,you bring such a wealth of knowledge, not just about waterbirth, but second stage, labor positions, research. Thank you."*

*Donna Walls ~ L&D nurse, Dayton, Ohio*

*"I have attended lots of waterbirths as a midwife, and I thought that I knew everything there was to know. Boy, was I off base. You brought so much information and your graphics are stunning."*

*Debbie Marin, CPM, LM ~ Owner, Hollywood Birth Center, Hollywood, FL*

**Kansas City, Kansas**  
Mercy & Truth Medical Missions  
Registration and Coffee starts at 8:30am

721 N. 31st Street  
Kansas City, KS 66102  
(913-621-0074)



This workshop will prepare you, give you confidence and provide policies and procedures to offer water-assisted labor.



*Waterbirth International*  
Waterbirth: Easier for moms... Better for Babies!™

Toll Free: (800) 641-2229

Fax: (503) 673-0029

Email: [info@waterbirth.org](mailto:info@waterbirth.org)

[www.waterbirth.org](http://www.waterbirth.org)

**Waterbirth  
International**  
presents



**Waterbirth  
Certification  
& Credentialing  
Workshop**

**Barbara Harper, RN,  
CLD, CCCE**

*A workshop for doctors, midwives,  
nurses, childbirth educators, doulas ~  
all those who care for women choos-  
ing to labor and give birth in water*

**Kansas City, Kansas**

**Free Community Lecture**

**April 14, 2009**

**6:30pm—9pm**

**Workshop**

**April 15, 2009**

**9:00 am to 5:30 pm**

## Waterbirth...

is more than a fad or trend – it is evidence based medicine.

Spending most or all of labor in water eases

labor pain and creates a gentler birth process! The benefits of warm water immersion in labor and birth have been studied in many countries for several decades.



Barbara Harper, RN, founded Waterbirth International in 1988 with one purpose in mind: to make waterbirth an available option for all women. To accomplish that exciting vision, Barbara set out to re-examine the way we provide for women in labor and how we welcome babies at birth. Barbara has been providing education, training programs, consultations and referrals for parents and practitioners alike for the past two decades. She has been instrumental in the installation of birth pools in over 200 hospitals in the US and many more around the globe.

The Oregonian newspaper referred to Barbara as the "Billy Graham of waterbirth." Come see why Barbara is such a



sought after speaker, researcher and clinician. Barbara is a recent transplant to the Ft. Lauderdale, Florida area. She has previously spent 17 years in

the Pacific Northwest, where she was active in birth and community affairs.

## Workshop Objectives

At the end of this workshop the participant will be able to:

1. Discuss the difference between controversial contraindications and absolute contraindications to giving birth in water.
2. Explain the current position of the American Academy of Pediatrics on waterbirth.
3. Outline the steps to resolve a shoulder dystocia in the water.
4. List the two new reflexes on the Aquatic Apgar.
5. List three indications for the use of water as an intervention in labor.

### Contact Hours

7 Contact hours have been awarded by the Ohio Association of Nurse Executives. Certificates will be available for attendees who attend the entire workshop. No partials CEUs will be available.

Sponsorship by:

Kansas City Christian Childbearing Network  
QUESTIONS???

Your local contact and workshop coordinator  
Louise Delaney, CCCE, CLD  
(816) 820-3958  
sweetmiraclesdoula@gmail.com

Please read articles and summaries on waterbirth before the class. You can download many interesting articles at [www.waterbirth.org](http://www.waterbirth.org)

Please wear comfortable light clothing and bring a wrap. We can never guarantee personal comfort. Demonstrations and exercises will be part of the workshop.

## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

E-mail \_\_\_\_\_

Phone \_\_\_\_\_

Profession \_\_\_\_\_

*Registration is limited: Call right away*

Early Bird Registration until 4/8/09: \$255  
Workshop fee after 4/9/09: \$325  
Students, doulas or apprentices: \$125  
Healthy Luncheon is included along with all handouts and registration materials

Register by Phone • Fax • Online

☎ 800-641-2229 ☎ 503-673-0029

[www.waterbirth.org](http://www.waterbirth.org)

Visa  Master Card  Discover  AMEX

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

3 Digit Code on back of card \_\_\_\_\_

This course is the didactic requirement for the Waterbirth Credentialing. After completion of this course and submission of five (5) discharge summaries along with your completed application and fee you will receive your certificate of credentialing.